

The AHS is an association of atheist, humanist and secular student societies facilitated and supported by the British Humanist Association.

Its vision is to see a thriving atheist, humanist or secular student society in every institute of Higher Education in the UK and Republic of Ireland, networked together, with a shared voice in public life, whose members can contribute to and be part of the wider national and international movement. As a means of achieving its vision the AHS aims to build, support and represent atheist, humanist and secular student societies, facilitate communication between them, and encourage joint actions and ensure that their members have opportunities to be part of the wider national and international movement.

You can find out more at www.ahsstudents.org.uk.



National Federation
of Atheist Humanist
& Secular Student
Societies

What is...

HUMANISM?

A rough guide from the



Humanism is a belief that all ethical decisions should be made with reason and empathy for the building of a more humane society.

Humanists consider the **welfare and happiness of humans** and other sentient beings of more importance than the words of any religious text.

Humanists are either atheist or agnostic and **do not subscribe to any religion or faith**. They embrace the scientific method and reject supernatural views of reality. Humanists support **free inquiry** and believe that we must use reason and experience to better understand our world.

They do not believe in an afterlife but strive to fill their lives with meaning by seeking happiness and **helping others** to lead dignified and fulfilled lives.

The International Humanist and Ethical Union agreed the principles of modern Humanism all over the world in the Amsterdam Declaration 2002. The declaration defines Humanism as:

“undogmatic, imposing no creed upon its adherents. It is thus committed to education free from indoctrination.”

Humanism is not a religion but an **ethical stance for the non-religious**. This means that not necessarily all humanists will agree on a given issue, and many issues are open to interpretation. Humanist societies provide atmospheres for discussion and debate, host interesting events and talks, raise money for charity and err... go to the pub.

“The way to find meaning in life is to get on and live it, as fully and as well as we can.”

- Stephen Fry

British Humanist Association's 'That's Humanism!'

“Humanism is important because having a non-superstitious world view allows you to make more ethical choices based on a general desire to do the most possible good.”

- Tim Minchin

To find out more, head to the British Humanist Association:
www.humanism.org.uk